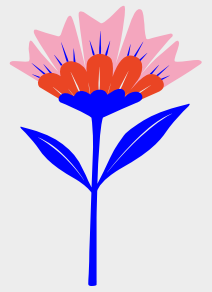


BOREDOM BUSTERS

60 FREE ACTIVITIES TO DO WHILE YOU ARE HOME



1. LOOK THROUGH OLD PHOTO ALBUMS
2. BAKE SOME SWEET TREATS
3. LEARN HOW TO READ A MAP
4. GIVE EACH OTHER FUNNY OR FANCY HAIR DOS
5. PLAY "I SPY"
6. REARRANGE YOUR BEDROOM
7. HAVE A TALENT SHOW
8. MAKE JEWELRY WITH DRY PASTA AND STRING
9. CREATE A MUSICAL INSTRUMENT OUT OF RECYCLABLES
10. LOOK FOR 4-LEAF CLOVERS
11. LEAVE KIND LETTERS IN YOUR NEIGHBORS' MAILBOXES
12. LISTEN TO AN INTERESTING PODCAST
13. WATCH YOUR FAVORITE MOVIE
14. PLAY BOARD GAMES
15. DRESS UP AND TAKE PHOTOS
16. DECORATE AN OLD T-SHIRT
17. LEARN A NEW DANCE
18. DO BLIND TASTE TESTS WITH VARIOUS DRINKS AND FOOD
19. VISIT A VIRTUAL MUSEUM OR ZOO
20. MAKE A TIME CAPSULE
21. TAKE A WALK (WHILE PRACTICING SOCIAL DISTANCING)
22. USE OLD BOXES TO MAKE AN AT-HOME RECYCLING STATION
23. MAKE HOMEMADE GREETING CARDS
24. WORK A PUZZLE
25. TRY A BASIC MEDITATION TECHNIQUE
26. START A JOURNAL
27. CHECK THE NEWSPAPER FOR COUPONS
28. HAVE A PICNIC
29. CLEAN OUT YOUR CLOSET
30. MAKE A HOMEMADE KITE

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31. WRITE A BUCKET LIST
32. DRAW OR PAINT PICTURES
33. LEARN A MAGIC TRICK
34. HOST YOUR OWN COOKING SHOW
35. MAKE UP YOUR OWN DANCE ROUTINE
36. ENROLL IN A FREE COLLEGE COURSE
37. CLEAN OUT THE REFRIGERATOR
38. MAKE A MOOD/VISION BOARD WITH MAGAZINE CLIPPINGS
39. EXERCISE
40. MAKE LEMONADE
41. LEARN SOMETHING NEW - [SCHOLASTIC.COM/LEARNATHOME](https://www.scholastic.com/learnathome)
42. READ A BOOK / LISTEN TO AN AUDIOBOOK
43. SOAK YOUR FEET
44. ATTEND A LIVE CONCERT ONLINE
45. LEARN ABOUT THE HISTORY OF YOUR TOWN
46. WASH YOUR SHEETS
47. PRESS SOME FLOWERS
48. DE-CLUTTER YOUR SPACE
49. WRITE A POEM
50. MAKE A LIST OF THINGS YOU ARE THANKFUL FOR
51. INDOOR CAMPING TRIP - BLANKETS, POPCORN, SCARY MOVIES!
52. TAKE A BUBBLE BATH
53. TRY DRAWING A SELF PORTRAIT
54. WRITE A SONG
55. MAKE A LIST OF THINGS TO DO ONCE THEY REOPEN
56. PRACTICE STRETCHING AND DEEP BREATHING
57. WRITE A LETTER TO YOUR FUTURE-SELF
58. DEVELOP SHORT-TERM AND LONG-TERM GOALS
59. WORK ON YOUR RESUME
60. VIDEO CHAT WITH FAMILY AND FRIENDS

